

Common Core Standards

Lesson Plan:

- **K.SL.4:** Describe familiar people, places, things, and events and, with prompting and support, provide additional detail.
- **K.SL.5:** Add drawings or other visual displays to descriptions as desired to provide additional detail.
- **K.SL.6:** Speak audibly and express thoughts, feelings, and ideas clearly.

Print Concepts and Fluency:

- **K.RF.1a:** Follow words from left to right, top to bottom, and page-by-page.
- **K.RF.1b:** Recognize that spoken words are represented in written language by specific sequences of letters.
- **K.RF.1c:** Understand that words are separated by spaces in print.
- **K.RF.4:** Read emergent-reader texts with purpose and understanding.

Practice Exercises:

- **K.L.5b:** Demonstrate understanding of frequently occurring verbs and adjectives by relating them to their opposites (antonyms).
- **K.CC.1:** Count to 100 by ones and by tens.

Active Learning:

- **CC.K-12.MP.6:** Attend to precision.

Printable Book:

- **K.RF.1a:** Follow words from left to right, top to bottom, and page-by-page.
- **K.RF.1b:** Recognize that spoken words are represented in written language by specific sequences of letters.
- **K.RF.1c:** Understand that words are separated by spaces in print.



Common Core Lesson Plan

“Cover Your Mouth When You Cough”

Grade: K

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Materials Needed:

- “Cover Your Mouth When You Cough” video episode, computer, Wi-Fi connection, discussion worksheet, crayons, whiteboard, dry erase markers

Preparation:

- Familiarize yourself with the lesson, video, and the related fluency passage.
- Gather the needed materials in an appropriate area.

Breaking it Down:

- Watch the video, “Cover Your Mouth When You Cough.”
- Use the fluency passage to reinforce the lesson theme and goals.
- Complete the lesson.

Lesson:

1. Ask students to share about a time they visited the doctor. Prompt them to talk about why they went to the doctor, what the doctor did, and what a doctor’s job is.
2. Continue to have your students share about a time they were sick and what they think germs look like.
3. Have your students draw a picture in the matching box.
4. Model for your students coughing into your elbow. Have your students practice coughing into their elbows.



Wonder Grove Kids

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“Cover Your Mouth When You Cough”

Common Core Lesson Plan

“Cover Your Mouth When You Cough”

Grade: K

Open Dialogue:

- Have students share about a time they were sick. Ask them how they felt.
- Discuss why you should always cover your mouth when you cough, even if you are not sick.
- Discuss similar ways you can prevent spreading or catching an illness (e.g., cover your mouth when you sneeze, keep your mouth closed when you chew, don't put your fingers in your mouth after touching something, etc.).

Capping it Off:

- Have students complete the practice math and language exercises.
- Have students color the associated coloring pages. Display within the classroom or have the students take them home to share with their families.
- Have students complete the active learning project.
- Encourage students to refer back to the printable book and fluency passage as needed.
- Reinforce the lesson throughout the year by using reminders and reviewing the episode.



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“Cover Your Mouth When You Cough”

Discussion Worksheet

Name: _____ Date: _____

"Cover Your Mouth When You Cough"

A time I went to the doctor

A time I got sick

What germs might look like

How to cover your mouth
when you cough

