

SLEEPY SHEEP

1.L.4c: Identify frequently occurring root words (e.g., look) and their inflectional forms (e.g., looks, looked, looking).

1.OA.5: Relate counting to addition and subtraction (e.g., by counting on 2 to add 2).

Getting a good night’s sleep is important for your health. Counting sheep is one way to fall asleep. Students will make a sheep in this arts and craft project that can remind them of counting sheep when they have trouble getting to sleep.

Supplies You Will Need:

- Sheep template on following page
- Markers, crayons, colored pencils, etc.
- Scissors
- White cotton balls
- Glue
- Large white paper plates

Instructions:

1. Photocopy and distribute the templates to your students.
2. Distribute one paper plate to each student.
3. Cut-out the sheep using the scissors.
4. Glue the white cotton balls to the paper plate. This will be the body of the sheep.
5. Let the students color and decorate the template head, tail and legs in any way they’d like. Have them decide if their sheep are “sleepy,” or “sleeping” and let them decorate their sheep’s eyes to reflect that choice!

6. Once they are done decorating their sheep, have your students count off by 2’s. When they get their number, have them write it on their “Sleepy Sheep” tag. Then, one at a time, have the students display them in numerical order!



Tying it Together:

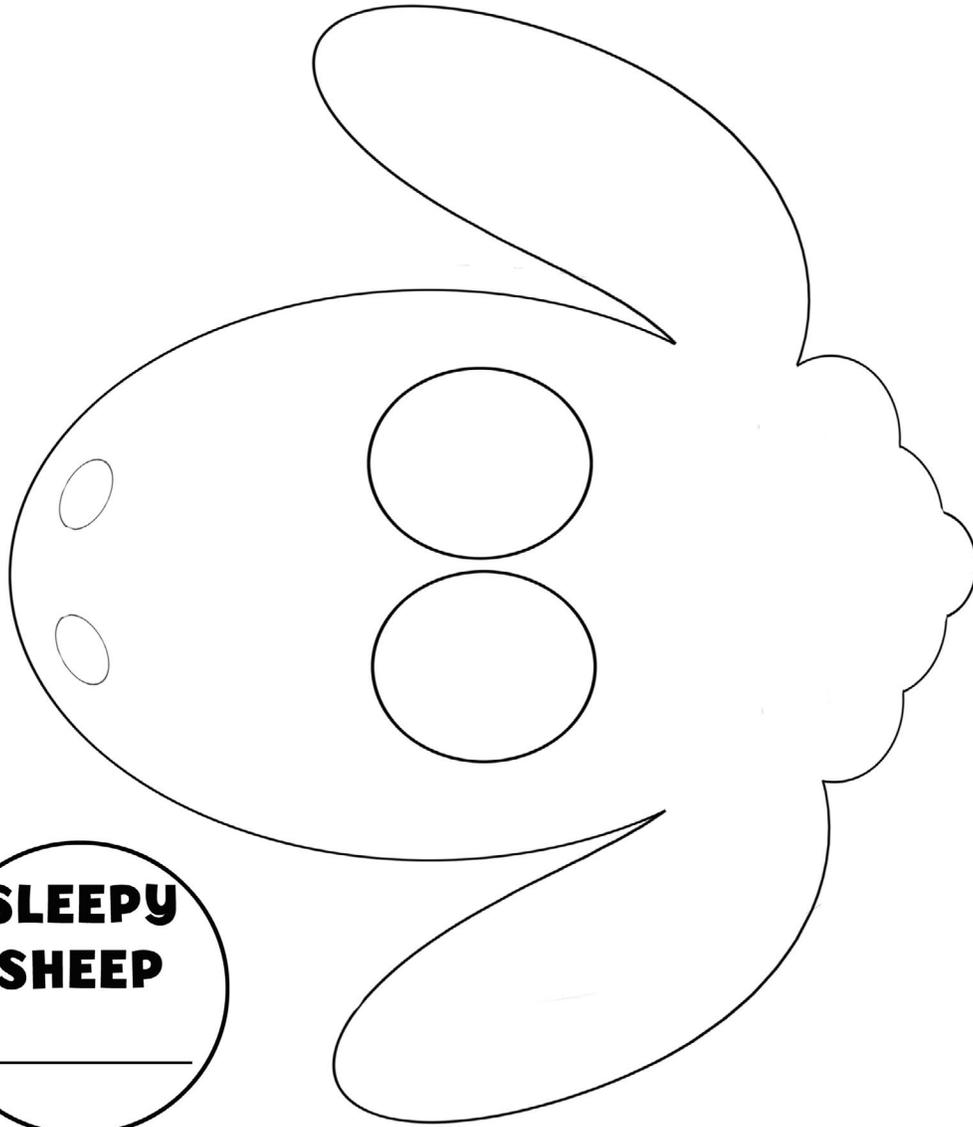
- As your students decorate their sheep, have them think of why the words “sleeps,” “sleepy” and “sleeping” are alike. What is the root word? How does the word they chose affect the way they drew their sheep’s eyes? As they present their sheep in numerical order, have them explain what their sheep are doing.



Active Learning

Name: _____ Date: _____

"Get a Good Night's Sleep"



**SLEEPY
SHEEP**

