

Common Core Standards

Lesson Plan:

- **K.RF.2d:** Isolate and pronounce the initial, medial vowel, and final sounds (phonemes) in three-phoneme (consonant-vowel-consonant, or CVC) words. (This does not include CVCs ending with /l/, /r/, or /x/.)
- **K.RF.2e:** Add or substitute individual sounds (phonemes) in simple, one-syllable words to make new words.

Print Concepts and Fluency:

- **K.RF.1a:** Follow words from left to right, top to bottom, and page-by-page.
- **K.RF.1b:** Recognize that spoken words are represented in written language by specific sequences of letters.
- **K.RF.1c:** Understand that words are separated by spaces in print.
- **K.RF.4:** Read emergent-reader texts with purpose and understanding.

Practice Exercises:

- **K.RF.2A:** Recognize and produce rhyming words.
- **K.CC.5:** Count to answer “how many?” questions about as many as 20 things arranged in a line, a rectangular array, or a circle, or as many as 10 things in a scattered configuration; given a number from 1-20, count out that many objects.

Active Learning:

- **K.CC.3:** Write numbers from 0-20. Represent a number of objects with a written numeral 0-20.
- **K.RF.2e:** Add or substitute individual sounds (phonemes) in simple, one-syllable words to make new words.

Printable Book:

- **K.RF.1a:** Follow words from left to right, top to bottom, and page-by-page.
- **K.RF.1b:** Recognize that spoken words are represented in written language by specific sequences of letters.
- **K.RF.1c:** Understand that words are separated by spaces in print.



Common Core Lesson Plan

“Get a Good Night’s Sleep”

Grade: K

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Materials Needed:

- “Get a Good Night’s Sleep” video lesson, computer, Wi-Fi connection, copies of the “Word Reading” page, copies of the “Making Words” page

Preparation:

- Familiarize yourself with the lesson, video, and the related fluency passage.
- Gather the needed materials in an appropriate area.

Breaking it Down:

- Watch the video, “Get a Good Night’s Sleep.”
- Use the fluency passage to reinforce the lesson theme and goals.
- Complete the lesson.

Lesson:

1. After watching the video, hand out the “Word Reading” page.
2. Instruct the students to put their finger on the first star. Tell the students to say the sound of the letter they are pointing to.
3. Together, say all of the phonemes of the first word L-id, and then say the word “Lid.”
4. Continue with all of the words on the “Word Reading” page.
5. Give the students the “Making Words” page. Tell the students to point to the first blank. Guide the students through writing “L” in the first blank, then students read the word together.
6. Ask the students what other words end in “id.” Write these words on the whiteboard.



Wonder Grove Kids

wgcp034 v05

“Get a Good Night’s Sleep”

Common Core Lesson Plan

“Get a Good Night’s Sleep”

Grade: K

Open Dialogue:

- Have students share about a time they did not go to sleep at their bed time. Have them describe how they felt the next morning.
- Discuss what could happen if you didn’t get a good night’s sleep (e.g., wake up late, can’t concentrate in school, etc.).
- Discuss the benefits of getting a good night’s sleep (e.g., good for your health, will be able to pay attention in school).
- Discuss the things you can do to help make sure you get to bed on time every night.

Capping it Off:

- Have students complete the practice math and language exercises.
- Have students color the associated coloring pages. Display within the classroom or have the students take them home to share with their families.
- Have students complete the active learning project.
- Encourage students to refer back to the printable book and fluency passage as needed.
- Reinforce the lesson throughout the year by using reminders and reviewing the episode.



Reading Words

Name: _____ Date: _____

"Get a Good Night's Sleep"

L



id



P



ad



B



ed



T



op



Making Words

Name: _____ Date: _____

“Get a Good Night’s Sleep”

___id ___id ___id ___id

___ad ___ad ___ad ___ad

___ed ___ed ___ed ___ed ___ed

___op ___op ___op ___op

