

## Common Core Standards

### Lesson Plan:

- **K.CC.6:** Identify whether the number of objects in one group is greater than, less than, or equal to the number of objects in another group, e.g., by using matching and counting strategies.

### Print Concepts and Fluency:

- **K.RF.1a:** Follow words from left to right, top to bottom, and page-by-page.
- **K.RF.1b:** Recognize that spoken words are represented in written language by specific sequences of letters.
- **K.RF.1c:** Understand that words are separated by spaces in print.
- **K.RF.4:** Read emergent-reader texts with purpose and understanding.

### Practice Exercises:

- **K.L.1:** Print many upper and lowercase letters.
- **K.CC.6:** Identify whether the number of objects in one group is greater than, less than, or equal to the number of objects in another group.

### Active Learning:

- **CC.K-12.MP.6:** Attend to precision.
- **K.L.5a:** Sort common objects into categories (e.g., shapes, foods) to gain a sense of the concepts the categories represent.

### Printable Book:

- **K.RF.1a:** Follow words from left to right, top to bottom, and page-by-page.
- **K.RF.1b:** Recognize that spoken words are represented in written language by specific sequences of letters.
- **K.RF.1c:** Understand that words are separated by spaces in print.



# Common Core Lesson Plan

## “What Does Sugar Do to Your Body?”

Grade: K

### Common Core Standards:

- **K.CC.6:** Identify whether the number of objects in one group is greater than, less than, or equal to the number of objects in another group, e.g., by using matching and counting strategies.



### Materials Needed:

- “What Does Sugar Do to Your Body?” video episode, computer, Wi-Fi connection, play food, pictures of food, or real food, food labels, projector

### Preparation:

- Familiarize yourself with the lesson, video, and the related fluency passage.
- Gather the needed materials in an appropriate area.

### Breaking it Down:

- Watch the video, “What Does Sugar Do to Your Body?”
- Use the fluency passage to reinforce the lesson theme and goals.
- Complete the lesson.

### Lesson:

1. After watching the video lesson, hold up pictures of food, play food, or real food in front of the class, two at a time.
2. Ask the students to predict which food has more sugar.
3. After you’ve heard several predictions, show food labels for each food on the projector.
4. Locate “sugar” on the food label and call on students to read the numbers next to the words.
5. Compare these numbers on the board using the terms “greater than,” “less than,” and “equal to.”
6. Compare these results to the previously made predictions.



# Common Core Lesson Plan

## “What Does Sugar Do to Your Body?”

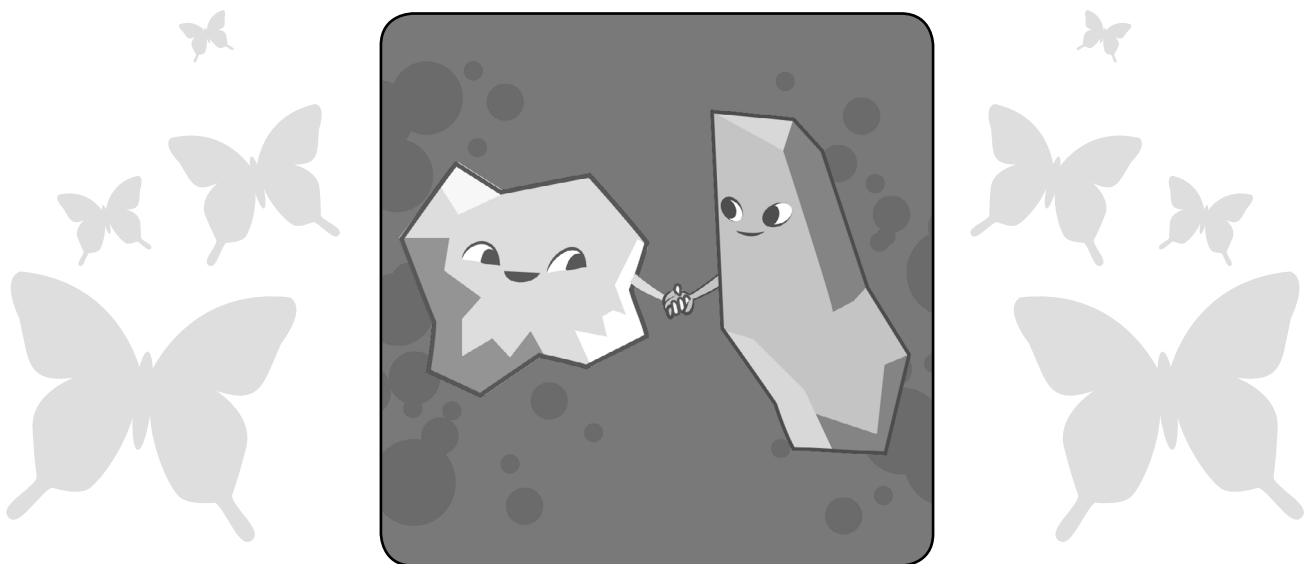
Grade: K

### Open Dialogue:

- Discuss what types of food have sugar in them.
- Discuss the importance of having healthy organs and a healthy body.
- Discuss the difference between natural sugar (e.g., in fruits) and processed sugar (white sugar).
- Have students share ideas for ways they can limit the amount of sugar they eat.

### Capping it Off:

- Have students complete the practice math and language exercises.
- Have students color the associated coloring pages. Display within the classroom or have the students take them home to share with their families.
- Have students complete the active learning project.
- Encourage students to refer back to the printable book and fluency passage as needed.
- Reinforce the lesson throughout the year by using reminders and reviewing the episode.



Wonder Grove Kids

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“What Does Sugar Do to Your Body?”