"A Visit to the Doctor is Good"

Active Learning

Grade: 1



A VISIT TO THE DOCTOR IS GOOD

1.L.5c: Identify real-life connections between words and their use (e.g., note places at home that are cozy).

Kids might be scared of the doctor, but they don't know why. Help your students create this kit to remind them that doctors are our friends and they have the tools to make us feel better when you don't feel so good!

Materials Needed:

- White paper
- Stapler
- Markers, crayons, or colored pencils
- Doctor related items such as Band-Aids, cotton balls, Q-Tips
- Scissors
- Tongue depressors (craft sticks)
- Doctor template

Preparation:

• Gather the needed materials in an appropriate area.

Steps to Success:

- 1. Instruct the students to staple or glue the long sides of two pieces of paper together.
- 2. Help the students make a handle out of another sheet of paper and staple it to the top.
- 3. Have the students trace and cut out the handles and staple them to the bag.
- 4. Next, have them trace and cut out the crosses and glue or tape them to the bag.
- 5. Once the bag is completely assembled, instruct the students to tape or glue the doctor related items into the bag!
- 6. Remind the students that doctors are good people that want to make sure we are always feeling our best, so we can stay happy and healthy!

