

Common Core Standards

Lesson Plan:

- **K.RF.3d:** Distinguish between similarly spelled words by identifying the sounds of the letters that differ.

Print Concepts and Fluency:

- **K.RF.1a:** Follow words from left to right, top to bottom, and page-by-page.
- **K.RF.1b:** Recognize that spoken words are represented in written language by specific sequences of letters.
- **K.RF.1c:** Understand that words are separated by spaces in print.
- **K.RF.4:** Read emergent-reader texts with purpose and understanding.

Practice Exercises:

- **K.RF.3c:** Read common high-frequency words by sight (e.g., the, of, to, you, she, my, is, are, do, does).
- **K.OA.5:** Fluently add and subtract within 5.

Active Learning:

- **K.OA.5:** Fluently add and subtract within 5.

Printable Book:

- **K.RF.1a:** Follow words from left to right, top to bottom, and page-by-page.
- **K.RF.1b:** Recognize that spoken words are represented in written language by specific sequences of letters.
- **K.RF.1c:** Understand that words are separated by spaces in print.



Common Core Lesson Plan

“Use Balance to Strengthen Your Body”

Grade: K

Common Core Standards:

- **K.RF.3d:** Distinguish between similarly spelled words by identifying the sounds of the letters that differ.



Materials Needed:

- “Use Balance to Strengthen Your Body” video episode, computer, Wi-Fi connection, “Word Reading” sheet, pencils, whiteboard, dry erase marker

Preparation:

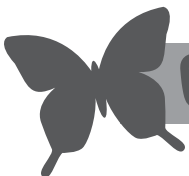
- Familiarize yourself with the lesson, video, and the related fluency passage.
- Gather the needed materials in an appropriate area.

Breaking it Down:

- Watch the video, “Use Balance to Strengthen Your Body.”
- Use the fluency passage to reinforce the lesson theme and goals.
- Complete the lesson.

Lesson:

1. After watching the video lesson, hand out the “Word Reading” sheet.
2. Explain that the words on the left side may look like the words on the right side, but they are different.
3. Have the students point to the first word, “right.” Instruct students to circle the parts of the word that are different from the word next to it, “tight.”
4. Write the words on a whiteboard and demonstrate circling the parts of the word that are different. Allow the students to correct their work if needed.
5. Continue this process with all the word pairings.
6. At the end of the paper, have students do a word hunt. Call out a word and tell the students to put their finger on the word and raise their other hand once they have found the word.



Common Core Lesson Plan

“Use Balance to Strengthen Your Body”

Grade: K

Open Dialogue:

- Ask students why they think it is good to have balancing skills.
- Have students share something that they do that requires good balance (e.g., skateboarding, dancing, etc.).
- Discuss what other things besides the body use balance.

Capping it Off:

- Have students complete the practice math and language exercises.
- Have students color the associated coloring pages. Display within the classroom or have the students take them home to share with their families.
- Have students complete the active learning project.
- Encourage students to refer back to the printable book and fluency passage as needed.
- Reinforce the lesson throughout the year by using reminders and reviewing the episode.



Word Reading

Name: _____ Date: _____

"Use Balance to Strengthen Your Body"

right	tight
foot	feet
stand	stood
good	dog
job	jog
leg	log
still	spill
one	no
one	on
left	felt
bend	bind
best	rest
like	lick
go	no

